

Online and Gaming Profile Review

■ Online Accounts and Usernames

Think about the games and apps you use online. List these along with your usernames and gamer tags in the chart on the next page in the **Online Account** and **Username** columns. Do they reveal your:

- Age (*current age, date of birth*)?
- Name (*last, both first and last*)?
- Location (*zip code, state, city, street*)?

If so, list other usernames you could use in the **New Username** column. Try to think of usernames that are special to you but do not give away your personal information.

■ Profile Pictures

Do you have a profile picture? Think about your profile picture. Does it include:

- A picture of you?
- Information about your school or hometown?
- Anything you would not want a stranger to see or know about you?

If you answered yes to any of these questions, place an “X” in the **Profile Picture** column. Now think of a new picture that does not reveal any personal information, such as a picture of a pet or favorite sports team. Write an idea for your picture in the **New Profile Picture** column. Have a parent or trusted adult review the picture with you before putting it online.

■ Passwords

Think about your password. Is it:

- Old, meaning you haven’t changed it in months?
- One that contains familiar words or personal information such as your name or pet’s name?
- One that you have shared with friends?

If so, place an “X” in the **Password** column. It’s time to change your password! Think of a password that is special to you and easy to remember but doesn’t include your personal information. Make it strong by using a combination of upper and lower case letters, numbers and symbols. Remember: Do not share your passwords with anyone except a parent or guardian.

■ Privacy Settings

Finally, think about your online profile. Who can see it—the entire world or only those you’ve selected? Most sites let you decide who can search or view your online information through privacy settings, but you have to turn them on. If you don’t have privacy settings turned on for your profile or you are not sure, place an “X” in the **Privacy Settings** column. Have a parent or trusted adult review your online profile with you to make sure you have privacy settings turned on.